

# The memories of your visit to Thai spa experience. CHANN SPA



## How do I make a spa appointment?

The Spa has proven to be an extremely popular addition to Chann Spa. As such, we recommend that you make your spa reservations well in advance of your arrival. The Spa is typically very busy on weekends as well as many weekdays, so it may be difficult to arrange for spa services on the day of your arrival. For guests not registered at Cosy Beach Pattaya, a valid credit card will be required to reserve spa appointments. Debit cards will not be accepted to reserve spa appointments. To schedule your appointment, please call 038-250 800-3 Ext.878. All spa services are subject to availability. Prices and service selections are subject to change without notice.

## How early should I arrive for my spa services?

Please check in at the spa reception desk 30 minutes prior to your first scheduled appointment. Unfortunately, late arrivals may not receive an extension of scheduled treatments, so as not to inconvenience other spa guests. To begin your relaxation, we recommend use of the showers and steam.

## What time does The Spa open?

Spa services are available daily beginning at 9 AM. Hours may vary with the season.

## What should I bring to The Spa?

We will never compromise your modesty. You will be given a robe and slippers to change into before your treatment. What should you wear under the robe? That is up to you. Our Spa Therapists will only expose the portion of your body that is being treated at the time. A swimsuit is requested for the Spa Rain Shower.

## What do I do if I need to cancel my appointment?

Please notify The Spa a minimum of 24 hours in advance should you need to cancel or re-schedule to avoid a 50% charge for the service. All no-show appointments will be charged at full value.

## Should I tell anyone about any physical, medical or allergy concerns?

Upon arrival to The Spa, you will complete a brief health history questionnaire to assist the Spa Technicians in providing you the best possible experience and to assure your maximum safety and comfort. We encourage you to disclose any pertinent health conditions that may affect your spa experience.

## May I use my cell phone while in The Spa?

So that an atmosphere of relaxation can be maintained and as a courtesy to other guests in The Spa, we ask that all electronic devices (cell phones, laptops, smart phones, etc.) be turned off and not used while in The Spa.

## What should I do with my jewelry and other valuables?

Please leave your jewelry and other valuables or in the safe deposit boxes located in the rooms.



## Manicure & Pedicure

A pampering treatment which takes care of your hands and nails. Your hands are nourished, the nails buffed to a healthy shine.

A luxurious treatment which takes care of your feet and nails. Your feet are gently scrubbed and nourished, the nails buffed to a healthy shine.

A classic treatment which takes care of both hands and feet. Your hands and feet are gently scrubbed and nourished; nails can be buffed to a healthy shine, or coated with a polish of your choice.

Coated with a polish of your choice.



Massage Treatment

Nuad Thai ( Aromatic balm ) - Тайский массаж (с травяным бальзамом)
Traditional Thai Massage is performed in traditional Thai style with a unique

Traditional Thai Massage is performed in traditional Thai style with a unique application of aromatic balm. Without oil, deep pressures are applied to relief muscle stiffness plus yoga like stretching movements that will improve your flexibility and stimulate your bone and joints.

60 minutes 90 minutes

700 THB

Nuad Thai (Herbal Compress) - Тайский массаж (с травяным компрессом)
This program begins with a traditional Thai massage to increase blood circulation
as a remedy for tired, aching muscles. Traditional herbs are used in the
treatment to promote healthy circulation and skin tone.

90 minutes

1,200 THB

Foot massage - Массаж ступней

This reflexology treatment concentrates on the delicate areas of the feet. After cleansing the feet with a refreshing salt scrub, your therapist uses pressure point techniques to stimulate and balance the equilibrium of the body.

Swedish massage - Шведский массаж

Swedish massage feels good, is relaxing and invigorating. It effects the nerves, muscles, glands, and circulation, while promoting health and well being.

60 minutes 90 minutes

1.200 THB

Aroma massage - Ароматический массаж

Firm and deep massage techniques with traditional Thai massage's stretching movements will stimulate your circulation and relief your muscle tensions with deep pressures smooth through your body.

60 minutes

900 THB



## **Body Treatment**

Body Scrub (Пилинг для тела)

60 minutes

1,000 THB

•Nature Body Polish - Легкий натуральный пилинг тела

A uniquely blend of citrus essential oils that stimulate your detoxifying system and green tea extract that promote skin firmness are combined with exfoliating sea salt to reveal your velvet skins.

•Rice Body Scrub - Легкий пилинг тела с эффектом детоксикации

Rich in vitamin E, rice have been played as an essential part in Asia for centuries for both culinary and beauty world. Japanese rice, black jasmine rice and germinated brown rice are playing their part to keep your skin soft and smooth.

This deep cleansing sea salt treatment is mixed with Andaman salt to exfoliate the skin, removing all dead skin cells. Aromatic oils also rejuvenate the skin leaving a lasting radiance.

•Gold Body Polish - Легкий пилинг тела – золотая процедура

Adds softness and moisture to your skin, while anti-aging and anti-irritation and mineral salts act as moisturizers and softening agents that help ease and slow down the formation of wrinkles and blemishes skin. Skin looking beaming and fresh.

Body Wrap (Обертывание тела)

60 minutes

1,000 THB

•Clay Body Mask - Маска для тела с минерализующей глиной

Romanian mountain clay contain more than 38 natural minerals match with human's body minerals. This is a perfect treatment to antiseptic, calming and soothing your skin, recharge body cells with vital energy.

Ocean Body Wrap - Обертывание для тела с экстрактом океанских водорослей

A moisturizing body treatment with brown seaweed extract, an effective metabolism booster. The treatment helps to promote skin firmness and restore your skin tone and vitality through various precious ingredients.

•Coconut Butter Body Mask - Маска для тела с кокосовым маслом

Coconut body butter can make your skin feel luxuriously smooth and silky ,healthier looking skin and to encourage the growth of new skin cells. This treatment is sweet!!

•Gold Body Wrap - Обертывание для тела – золотая процедура

Honey restore skin nutrient and moisture balance. Aloe Vera extract adds softness and moisture to your skin, while protecting it against irritants and anti-sunburn. Enrich vitamins and give sooth and moisturizes for skin.



## Facial & Bath

Facial Treatments (Процедуры для лица) 60 minutes 1,450 THB

We are using professional spa products with latest technology to ensure the purity and quality of natural ingredients. Bring your skin to life with facial treatments that fit perfectly for both ladies & gents. Your face is cleaned, exfoliated, toned, relaxed and moisturized as it is deserved.

### Clean & Pure Facial - Глубокая очистка

This special treatment makes your skin "come clean". The oil moisture balance is normalized, as is sebum production. You are delighted by refreshing, clear balanced skin and a radiantly fresh complexion.

### After Sun Facial - После загара лица

Treat and nurture sun damaged and mature skin with natural antioxidants.

Our unique combination of essential oils and powerful antioxidants will leave your skin feeling soft, supple and glowing.

### •Aromatherapy Facial - Ароматерапия для лица

This classic facial treatment provides holistic benefits essential for radiant healthy skin. A cleansing and relaxing facial is performed using aromatherapy preparations personalized for individual skin types and conditions.

### •Deep Cleansing For Men - Глубокая очистка для мужчин

This facial is designed to deep cleanse and clarify the skin. Exfoliation techniques leave you with a radiant glow. It's an ideal treatment for oily, acne prone and troubled skin.

Water Therapies (Водная терапия) 30 minutes 500 THB Enjoy your bathing experience with luxurious natural ingredients in water therapy bathing facilities. Perfect prior your treatments of the day to maximize your Chann spa experience.

#### •Romance Lotus Milk Bath - Освежающая летняя ванна

Immerse yourself in luxurious texture of milky essentials of flowers and nutrients for relaxing and sensual experience.



Spa Package

Chann Experience 2 hours 30 minutes Волшебное спа-путешествие Chann

2.100 THB

Enjoying a signature journey of Chann Spa, starting with Refreshing Water Therapy Bath to prepare your skin and muscle for the next level of relaxation with skin smoother Rice Body Scrub follow by Aroma Massage to complete your relaxing time out.

Cherishing Journey 1 hour 30 minutes (for two persons) 3,000 THB Нежная забота (для двух человек)

A Mini couple's retreat program incorporates two body massage of choice with a therapy bath. The Couple are commence their experience with Relaxing Foot Soak with welcome refreshment follow by relaxing "Romance Lotus Milk Bath" and taking their stress away with their own Aroma massage.

Дива

3,200 THB

A great journey to Chann Spa experience with Refreshing Water Therapy Bath, Nature Body Scrub follow by Aroma massage and a suitable Clean & Pure Facial that our staff will be delighted to recommend for your totally divine spa experience.

3.800 THB

Блаженный отдых Chann

Treat yourself from head to toe. This session begins with Romance Lotus Milk Bath, follow by Gold Body Polish, follow by Gold Aloe Vera & Honey Body Wrap which consists of high moisture and Vitamin, this wonderful treatment finished with Aroma Massage a full aromatherapy massage leaving you completely relaxed.



400 Moo 12 Soi Rajchawaroon, Pratamnuk Road, Pattaya, Chonburi 20260, Thailand tel: (66 38) 250-800-3 fax: (66 38) 250 799, (66 38) 252 317-26 email: reservation@cosybeachhotel.com website: www.cosybeachhotel.com

Chann Spa 6th floor Ocean Wings. Cosy Beach Hotel Pattaya

Your relaxation starts here.

## CHANN SPA

Visit Chann Spa
Ocean wing 6th Floor
Daily 10:00 a.m.- 10:00 p.m
Tel.(66 38) 250-800-3
www.cosybeachhotel.com













Chann A,B,C

## Spa Menu

Spa Moi	14	
массаж (Massage)		
Тайский массаж (Thai Massage)	60 мин/mins	700 бат/ТНВ.
	90 мин/mins	1,000 бат/ТНВ.
Тайский массаж (с травяными мешочками)		
Hot Herbal Compress	90 мин/mins	1,200 бат/ТНВ.
массаж спины, шеи и плеч (Back Neck & Shoulder)	30 мин/mins	500 бат/ТНВ.
массаж лица (Facial Massage)	30 мин/mins	500 бат/ТНВ.
Ароматический массаж ( Aroma massage )	60 мин/mins	1,000 бат/ТНВ.
	90 мин/mins	1,450 бат/ТНВ.
Массаж ступней (Foot massage)	60 мин/mins	700 бат/ТНВ.
Процедуры для тела ( Body scrub)	60 мин/mins	1,000 бат/ТНВ.
Обертывание тела (Body wrap)	60 мин/mins	1,000 6ar/THB.
спа Пакеты (Ѕр	oa Package)	
тайский тайский (Thai Thai)	2 чаc/hrs.	2,000 бат/ТНВ.
Волшебное спа-путешествие (Chann Experience)	2 час/hrs.	2,150 бат/ТНВ.
Блаженство с (ChAnn Retreat)	3 час/hrs.	3,000 бат/ТНВ.
Дива (Diva)	3 час/hrs.	3,400 бат/ТНВ.
ChAnn Романтика (для двоих) ChAnn Romance for 2	3 час/hrs.	4,900 бат/ТНВ.
спа подпись (Spa	a Signature)	

2 час/hrs.

1,500 бат/ТНВ.